

# Islington Yoga Timetable 2012

Last update: JANUARY 2012

Mon	Tue	Wed	Thu	Fri	Sat
	7-8.15am Karen SELF-PRACTICE	7-8am Karen LEVEL 1	7-8.15am Samantha LEVEL 2	7-8.15am Karen LEVEL 3	
					9-10.15am Karen LEVEL 2
		1-2pm Tim BEGINNERS		1-2pm Monique BEGINNERS	10.30-11.30pm Karen LEVEL 1
6.15-7.15pm Karen BEGINNERS					Sun
7.30-8.30pm Karen BEGINNERS		6.15-7.15pm Karen LEVEL 1	6.15-7.15pm Samantha BEGINNERS	6.30-8pm John Tan Ren	
6.15-7.15pm John Tan Ren	7-8pm Samantha BEGINNERS	7.30-8.30pm Tim BEGINNERS	7.30-8.30PM Karen PREGNANCY		
7.30-8.30pm John Tan Ren	7-8.15pm Karen LEVEL 1-2	7.30-8.30pm Karen LEVEL 2	7.30-8.30pm Samantha LEVEL 1		

## FEES:

Drop in class: £12

6 week courses (1hour) : £64

Pregnancy Yoga course 6 weeks £70

6 class pass 2 months: £64

8 class pass 2 months: £76

12 class pass 2 months: £102





